

Who we are:

The King's Trust have helped over 3,000 young women over the past five years through Change a Girl's Life, with 79% going on to further education, training, or work.

Where the funds go:

The funds raised through hosting a Brilliant Breakfast go towards giving young women a working future through training courses, access to job opportunities, and support with practice interviews.

How to get involved:

Register now to host a Brilliant Breakfast at home or work, up to you! Ask your friends, family and colleagues for donations at your breakfast, and the money you raise can give young women the support they need to get back on their feet and into work.